

PLEASE PURCHASE THE FOLLOWING OVER-THE-COUNTER SUPPLIES AT YOUR LOCAL PHARMACY:
Two (2) Fleet® Enemas (green box)

AT LEAST A WEEK BEFORE YOUR PROCEDURE: Check with your prescribing doctor to make sure it is safe to take prescription blood thinners, such as Coumadin®, Plavix®, Pradaxa®, Xarelto®, Warfarin, Eliquis® or iron supplements. Please get permission to stop these **4 days prior** to your procedure.

NPO STATUS: During your procedure you will be administered either general anesthesia or heavy sedation. For your safety, it is essential you follow these guidelines:

- **No GUM, CANDY, MINTS, CIGARETTE SMOKING or TOBACCO USE 2 hours prior to your arrival time.**
- **NOTHING TO EAT OR DRINK AFTER MIDNIGHT.**
- **If your procedure is in the afternoon, NO FOOD after midnight but you may have clear liquids only until _____. You must remain fasting after this time.**

THE DAY OF YOUR PROCEDURE:

- If you take insulin or oral diabetic medication, you are advised to **HOLD** and **DO NOT TAKE** on the day of your procedure. Bring it with you.
- Take any routine heart, blood pressure or seizure medications with a **SMALL** sip of water at least two hours before your procedure.

Use ONE Fleet Enema 2 hours prior to leaving your home.

Use the SECOND Fleet Enema 1 hour prior to leaving your home.

YOU MUST HAVE WITH YOU:

- A responsible adult to drive you home. This individual must be present when you check-in and stay at the facility during the procedure or your procedure will be **CANCELLED**.
- A list of all medications you are now taking, including over-the-counter products and herbal supplements.
- A list of any allergies you have.
- If you have a Pacemaker/AICD please bring in your Pacemaker/AICD card.

All aspects of your procedure, including your doctor's reasons for ordering the examination, the method used for performing the procedure, possible risks and complications (bleeding, perforations, infection, etc.), and benefits of the examination have been explained to you. You have been given a consent form to sign and will be placed in your chart.

